

# English Eccles Cakes

Yield: 8 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/turkish-jerusalem-cakes-in-english-recipe>

## Ingredients:

- 4 tablespoons unsalted butter
- 1 cup dried currants
- 3/4 cup raw cane sugar or dark brown sugar
- 1/2 teaspoon allspice
- 1/4 teaspoon nutmeg
- 1/2 teaspoon canela
- 8 3/4 ounces frozen puff pastry thawed
- 1/4 cup whole milk
- 1 large egg beaten

## Nutrition:

1. Calories: 70 calories
2. Carbohydrate: 3 grams
3. Cholesterol: 40 milligrams
4. Fat: 7 grams
5. Fiber: 1 grams
6. Protein: 1 grams
7. SaturatedFat: 4 grams
8. Sodium: 15 milligrams
9. Sugar: 1 grams

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