

Turkish Green Beans

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/turkish-string-beans-recipe>

Ingredients:

- 1 1/8 pounds green beans 500g, trimmed
- 2 tablespoons olive oil
- 1/2 onion finely diced
- 3 garlic cloves peeled and finely chopped
- 1 teaspoon cumin powder
- 1 teaspoon paprika hot or mild
- 1/2 teaspoon aleppo pepper or mild chilli flakes
- 1/2 teaspoon salt
- 1 teaspoon white wine vinegar
- 1 cup tomato polpa, crushed tomatoes or passata
- freshly ground black pepper unchecked?

Nutrition:

1. Calories: 120 calories
2. Carbohydrate: 13 grams
3. Fat: 7 grams
4. Fiber: 5 grams
5. Protein: 3 grams
6. SaturatedFat: 1 grams
7. Sodium: 310 milligrams
8. Sugar: 6 grams

Thank you for visiting our website. Hope you enjoy Turkish Green Beans above. You can see more 15 turkish string beans recipe Taste the magic today! to get more great cooking ideas.