

Turkish Halva

Yield: 8 min
Total Time: 19 min

Recipe from: <https://www.recipeschoose.com/recipes/turkish-sesame-halva-recipe-in-urdu>

Ingredients:

- 2 cups water
- 1 cup sugar
- 50 grams butter
- 1 cup flour
- 1/4 cup walnuts or peanuts, optional
- pistachio Ground, for topping, optional

Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 40 grams
3. Cholesterol: 15 milligrams
4. Fat: 11 grams
5. Fiber: 1 grams
6. Protein: 4 grams
7. SaturatedFat: 4 grams
8. Sodium: 40 milligrams
9. Sugar: 26 grams

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