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FLAVORED FLATBREAD

Yield: 4 min Total Time: 70 min

Recipe from: https://www.recipeschoose.com/recipes/turkish-flatbread-recipe-with-yeast

Ingredients:

- 2 cups all-purpose flour
- 1 cup wheat flour
- 1 1/2 teaspoons salt
- 1 teaspoon sugar
- 7 grams active dry yeast
- 1 1/2 tablespoons olive oil
- 1/2 cup warm water
- 1/4 cup milk
- 5 coriander leaves
- 1 teaspoon mint leaves
- 5 garlic cloves
- 1/2 inch ginger
- 3 green chilli
- 1/2 teaspoon red pepper flakes
- 3 tablespoons flatbreads to brush the cooked

Nutrition:

Calories: 410 calories
Carbohydrate: 77 grams

3. Fat: 7 grams4. Fiber: 7 grams

5. Protein: 13 grams6. SaturatedFat: 1 grams

7. Sodium: 900 milligrams

8. Sugar: 4 grams

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