

# Easy Turkish Borek with Spinach and Feta

Yield: 8 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/turkish-spinach-and-cheese-borek-recipe>

## Ingredients:

- 2 tablespoons olive oil
- 2 cloves garlic minced
- 1 onion medium-sized, chopped
- 16 2/3 cups spinach roughly chopped
- 1 2/3 cups feta cheese
- salt
- freshly ground black pepper
- 5/8 cup milk
- 2 eggs
- 5 tablespoons olive oil
- 3 sheets phyllo dough

## Nutrition:

1. Calories: 260 calories
2. Carbohydrate: 10 grams
3. Cholesterol: 85 milligrams
4. Fat: 21 grams
5. Fiber: 2 grams
6. Protein: 9 grams
7. SaturatedFat: 7 grams
8. Sodium: 560 milligrams
9. Sugar: 3 grams

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