

# Perfect Blueberry Muffins

Yield: 4 min  
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/easy-shrikhand-recipe-indian>

## Ingredients:

- 5 tablespoons unsalted butter cold is fine
- 1/2 cup sugar
- 1/2 lemon previously: 1/2 teaspoon zest
- 3/4 cup yogurt plain unsweetened, or sour cream
- 1 large egg
- 1 1/2 teaspoons baking powder
- 1/4 teaspoon baking soda
- 1/4 teaspoon table salt or fine sea
- 1 1/2 cups flour all-purpose
- 1 1/2 cups blueberries fresh or frozen, no need to defrost, previously: 3/4 cup, see note up top
- 3 tablespoons sugar turbinado, in the raw sugar

## Nutrition:

1. Calories: 510 calories
2. Carbohydrate: 83 grams
3. Cholesterol: 95 milligrams
4. Fat: 17 grams
5. Fiber: 3 grams
6. Protein: 8 grams
7. SaturatedFat: 10 grams
8. Sodium: 460 milligrams
9. Sugar: 43 grams

---

Thank you for visiting our website. Hope you enjoy Perfect Blueberry Muffins above. You can see more 15 easy shrikhand recipe indian Experience flavor like never before! to get more great cooking ideas.