

Instant Pot Turkish White Bean Stew | Kuru Fasulye

Yield: 6 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/turkish-dry-beans-recipe>

Ingredients:

- 6 cups dried beans that were soaked overnight, about 3/4 of a 16 oz bag of dried beans
- 2 tablespoons olive oil
- 3/4 cup sausage small dice spicy turkish, about 4 oz
- 3/4 cup red onion small dice, about 1 small onion
- 3 cloves garlic finely chopped
- 1 teaspoon dried oregano
- 2 tablespoons red pepper paste
- 1 teaspoon kosher salt reduce to 1/2 tsp if using low-sodium broth
- 4 cups water or low-sodium broth of choice

Nutrition:

1. Calories: 720 calories
2. Carbohydrate: 124 grams
3. Fat: 7 grams
4. Fiber: 31 grams
5. Protein: 47 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 440 milligrams
8. Sugar: 5 grams

Thank you for visiting our website. Hope you enjoy Instant Pot Turkish White Bean Stew | Kuru Fasulye above. You can see more 19 turkish dry beans recipe Prepare to be amazed! to get more great cooking ideas.