

Easy Jelly Doughnut "Donut"

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/turkish-doughnut-recipe>

Ingredients:

- 5 cups all purpose flour plus more for dusting.
- 1 1/2 cups milk Warm, 110-115 degrees
- 4 1/2 teaspoons yeast 2 packets
- 1 stick butter 1/2 cup; melted
- 2 eggs
- 1 teaspoon salt
- 1/2 cup sugar adjust to your preference plus more for coating
- strawberry jam or jelly of your choice
- oil for frying

Nutrition:

1. Calories: 1030 calories
2. Carbohydrate: 151 grams
3. Cholesterol: 175 milligrams
4. Fat: 35 grams
5. Fiber: 6 grams
6. Protein: 25 grams
7. SaturatedFat: 17 grams
8. Sodium: 860 milligrams
9. Sugar: 31 grams

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