

Easy Turkish Delight Narnia Candy | Lokum

Yield: 4 min
Total Time: 520 min

Recipe from: <https://www.recipeschoose.com/recipes/turkish-delights-narnia-recipe>

Ingredients:

- 3/4 cup unsweetened shredded coconut divided
- 3 cups granulated sugar
- 1 cup corn starch plus 2 tbsps
- 3 gelatin packs, or 2 tbsp gelatin
- 1/2 teaspoon cream of tartar
- 2 1/2 cups water
- 1 1/2 tablespoons lemon juice
- 1/2 cup pomegranate juice
- 1 1/2 tablespoons rose water
- 1 1/2 cups pistachios shelled and toasted

Nutrition:

1. Calories: 1100 calories
2. Carbohydrate: 206 grams
3. Fat: 25 grams
4. Fiber: 7 grams
5. Protein: 21 grams
6. SaturatedFat: 7 grams
7. Sodium: 85 milligrams
8. Sugar: 165 grams

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