

# Turkish Delight Macarons

Yield: 4 min  
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/turkish-delight-macarons-recipe>

## Ingredients:

- 1 3/8 cups ground almonds
- 1 1/4 cups icing sugar
- 7 1/4 tablespoons egg whites separated into 2 lots of 55 gms
- 3/4 cup white sugar
- 2 1/16 tablespoons water
- 1 dash pink food colouring
- 1 3/16 cups dark chocolate good quality, 70% cocoa solids
- 1/2 cup cream
- 3 drops rosewater
- 2 cups icing sugar
- 3 1/2 ounces turkish delight chopped into 1cm cubes.

## Nutrition:

1. Calories: 1220 calories
2. Carbohydrate: 190 grams
3. Cholesterol: 30 milligrams
4. Fat: 47 grams
5. Fiber: 9 grams
6. Protein: 16 grams
7. SaturatedFat: 18 grams
8. Sodium: 135 milligrams
9. Sugar: 170 grams

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