

Pistachio Ice Cream

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/pistachio-ice-cream-recipe-indian-style>

Ingredients:

- 3/4 cup California pistachios unsalted Diamond of, shelled
- 6 tablespoons heavy cream
- 1 1/2 cups half and half
- 1 cup granulated sugar
- 5 large egg yolks
- 1 1/2 cups heavy cream
- 1/2 teaspoon almond extract optional
- 3/4 cup dark chocolate finely chopped

Nutrition:

1. Calories: 1150 calories
2. Carbohydrate: 84 grams
3. Cholesterol: 485 milligrams
4. Fat: 87 grams
5. Fiber: 5 grams
6. Protein: 15 grams
7. SaturatedFat: 47 grams
8. Sodium: 105 milligrams
9. Sugar: 67 grams

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