

Chicken Couscous with Dried Fruit

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/turkish-chicken-couscous-recipe>

Ingredients:

- 2 lemons
- 4 tablespoons olive oil
- 1 yellow onion small, chopped
- 3 garlic cloves minced
- 1 1/2 teaspoons ground cumin
- 3/4 teaspoon ground cinnamon
- 2 cups roast chicken shredded, homemade, see
- 1 cup dried fruits chopped mixed, such as pitted
- dates
- apricots
- 3 cups chicken stock
- 2 cups couscous
- 1/4 cup fresh cilantro minced
- 1/2 cup sliced almonds toasted

Nutrition:

1. Calories: 880 calories
2. Carbohydrate: 134 grams
3. Cholesterol: 170 milligrams
4. Fat: 26 grams
5. Fiber: 12 grams
6. Protein: 35 grams
7. SaturatedFat: 4 grams
8. Sodium: 330 milligrams
9. Sugar: 41 grams

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