

Turkish Chicken Breast Pudding

Yield: 6 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/turkish-chicken-breast-pudding-recipe>

Ingredients:

- 1/2 chicken breast fresh
- 38 ounces whole milk
- 1/3 cup cornstarch
- 1/3 cup white rice flour
- 1 cup sugar
- 1 teaspoon vanilla extract
- 2 cups water

Nutrition:

1. Calories: 320 calories
2. Carbohydrate: 56 grams
3. Cholesterol: 30 milligrams
4. Fat: 6 grams
5. Protein: 10 grams
6. SaturatedFat: 4 grams
7. Sodium: 105 milligrams
8. Sugar: 42 grams

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