

Turkish Cigars

Yield: 20 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/turkish-cigars-recipe>

Ingredients:

- 10 sheets phyllo pastry from the supermarket or, preferably, a Middle Eastern grocery store or the more traditional yufka, halved
- 1 bunch parsley about 4 oz, divided into sprigs, left whole or chopped
- 1 quart vegetable oil sunflower or mild
- 8 ounces halloumi cut into 20 strips
- 8 ounces feta crumbled

Nutrition:

1. Calories: 490 calories
2. Carbohydrate: 6 grams
3. Cholesterol: 25 milligrams
4. Fat: 50 grams
5. Protein: 5 grams
6. SaturatedFat: 7 grams
7. Sodium: 270 milligrams
8. Sugar: 1 grams
9. TransFat: 1.5 grams

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