

# Mini Mince Pies

Yield: 4 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/turkish-bread-mince-recipe>

## Ingredients:

- 2 slices wholemeal bread
- 2 tablespoons mincemeat
- 2 9/16 tablespoons cooking apple Very finely chopped
- cooking spray low calorie

## Nutrition:

1. Calories: 50 calories
2. Carbohydrate: 9 grams
3. Fat: 1 grams
4. Fiber: 1 grams
5. Protein: 2 grams
6. Sodium: 85 milligrams
7. Sugar: 2 grams

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