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French Onion Beef Casserole

Yield: 6 min Total Time: 50 min

Recipe from: https://www.recipeschoose.com/recipes/turkish-beef-casserole-recipe

Ingredients:

- 10 ounces egg noodles
- 1 pound lean ground beef
- 2 cans cream of mushroom soup 10.75 ounces each
- 15 ounces french mix onion recipe Lay's French Onion Dip
- 1 cup french fried onions French's

Nutrition:

- 1. Calories: 560 calories
- 2. Carbohydrate: 54 grams
- 3. Cholesterol: 95 milligrams
- 4. Fat: 28 grams
- 5. Fiber: 3 grams
- 6. Protein: 22 grams
- 7. SaturatedFat: 9 grams
- 8. Sodium: 860 milligrams
- 9. Sugar: 2 grams
- 10. TransFat: 1 grams

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