

# BALIK EKMEK / ISTANBUL STREET FLAVOR, FISH SANDWICH

Yield: 4 min  
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/turkish-balik-ekmek-recipe>

## Ingredients:

- 2 bonito or mackerel fish
- salt
- black pepper powder
- pepper ? smoked, powder
- olive oil
- romaine lettuce or any lettuce you have
- onion ? red big, finely sliced
- parsley ? some, roughly chopped
- pickles ? cucumber, finely sliced
- 4 sandwich bread slice lengthwise without cut it
- lemon
- pickles cucumber and chili pepper
- red chili flake optional

## Nutrition:

1. Calories: 1570 calories
2. Carbohydrate: 295 grams
3. Fat: 23 grams
4. Fiber: 16 grams
5. Protein: 46 grams
6. SaturatedFat: 6 grams
7. Sodium: 4210 milligrams
8. Sugar: 24 grams

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