

# Iraqi Samosas with Vegan Chickpea Filling

Yield: 4 min  
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/turkish-baharat-recipe>

## Ingredients:

- 4 cups all purpose flour
- 1 1/4 tablespoons dry yeast
- 2 tablespoons oil
- 1 cup water
- 1 teaspoon salt
- 1 teaspoon sugar
- 2 cups chickpeas cooked
- 4 onions you could change 2 with leeks
- oil
- pepper
- cumin
- baharat

## Nutrition:

1. Calories: 730 calories
2. Carbohydrate: 129 grams
3. Fat: 15 grams
4. Fiber: 12 grams
5. Protein: 20 grams
6. SaturatedFat: 1 grams
7. Sodium: 850 milligrams
8. Sugar: 5 grams

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