

Roasted Garlic Babaganoush

Yield: 2 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/turkish-babaganoush-recipe>

Ingredients:

- 1 eggplant large, about 1 lb
- 1 head garlic outer layers peeled and top sliced off
- 2 tablespoons olive oil + more for garnish
- 1 tablespoon coarse salt or to taste
- 2 tablespoons fresh lemon juice to taste

Nutrition:

1. Calories: 200 calories
2. Carbohydrate: 19 grams
3. Fat: 14 grams
4. Fiber: 8 grams
5. Protein: 3 grams
6. SaturatedFat: 2 grams
7. Sodium: 3540 milligrams
8. Sugar: 6 grams

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