

# Hot Apple Cinnamon Shrub Tea

Yield: 2 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/turkish-apple-tea-recipe-t2>

## Ingredients:

- 1 1/4 cups Honeycrisp apples grated, or grated SweeTango
- 3/4 cup sugar
- 1 cup apple cider vinegar
- 12 ounces water
- 2 bags tea cinnamon
- 6 tablespoons apple shrub

## Nutrition:

1. Calories: 370 calories
2. Carbohydrate: 90 grams
3. Fiber: 2 grams
4. Sodium: 15 milligrams
5. Sugar: 85 grams

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