

The BEST Baked Turkey Wings

Yield: 4 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/turkey-wings-recipe-with-italian-dressing>

Ingredients:

- 2 1/2 pounds turkey wings cut into sections if bought whole
- 1 lemon large, cut into 4 wedges
- 2 tablespoons olive oil you can substitute it with vegetable oil
- 1 tablespoon garlic powder
- 1 tablespoon onion powder
- 2 teaspoons seasoning salt or salt free seasoning
- 1 teaspoon minced onions
- 1 teaspoon minced garlic
- 1 1/2 tablespoons paprika
- 2 teaspoons parsley flakes
- 2 teaspoons poultry seasoning
- 2 1/2 cups turkey broth or even water

Nutrition:

1. Calories: 400 calories
2. Carbohydrate: 10 grams
3. Cholesterol: 230 milligrams
4. Fat: 10 grams
5. Fiber: 3 grams
6. Protein: 64 grams
7. SaturatedFat: 1 grams
8. Sodium: 190 milligrams
9. Sugar: 1 grams

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