

# Turkey Pot Pie

Yield: 6 min  
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-turkey-pot-pie-recipe>

## Ingredients:

- 1 cup all purpose flour
- 1/2 salt
- 6 tablespoons butter cut into pieces, I cut into Tbsps and then cut those pieces in half
- 1/4 cup sour cream
- 1 egg beaten, to brush over the pie crust
- 1 1/2 cups sweet potatoes peeled and diced
- 1 cup russet potatoes peeled and diced
- 1/2 cup chopped carrots about 2 carrots
- 6 tablespoons butter
- 1/2 cup diced onion
- 6 tablespoons flour
- 2 cups organic chicken broth
- 1/2 cup heavy cream
- 3 cups turkey shredded
- 1 cup frozen sweet corn
- 1 cup frozen green beans
- 2 teaspoons fresh rosemary chopped
- 1 teaspoon smoked paprika
- 1 teaspoon salt
- 1 teaspoon pepper

## Nutrition:

1. Calories: 600 calories
2. Carbohydrate: 44 grams
3. Cholesterol: 170 milligrams
4. Fat: 40 grams
5. Fiber: 4 grams
6. Protein: 19 grams
7. SaturatedFat: 22 grams

8. Sodium: 740 milligrams
  9. Sugar: 4 grams
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