

Low Carb Okonomiyaki (Japanese Savoury Pancake)

Yield: 2 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/turkey-sliced-cold-cuts-japanese-recipe>

Ingredients:

- 2/3 pound firm tofu
- 2 13/16 ounces luncheon meat
- 1/4 head cabbage about 100g, finely chopped
- 1 sprig spring onions green and white parts sliced thin
- 2 tablespoons arrowroot flour
- 1 tablespoon Japanese soy sauce
- 3/4 teaspoon salt
- 1/4 teaspoon ground white pepper
- 3 eggs beaten
- 2 tablespoons oil
- sauce Okonomiyaki, available in Japanese food stores
- Japanese Mayonnaise kewpie brand is great
- 1 handful bonito flakes I had awesome smoked bonito flakes from Osaka that was awesome on this okonomiyaki