

Indian Turkey Curry

Yield: 2 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/spinach-leaves-recipe-indian-style>

Ingredients:

- 7/8 cup rice
- 11 ounces turkey breast
- 1 onion small
- 2 tablespoons oil
- 1 tablespoon curry powder
- 3/8 cup coconut milk
- 3/8 cup vegetable stock
- 1 handful spinach leaf large
- 1 tablespoon sliced almonds
- light soy sauce
- salt
- freshly ground pepper

Nutrition:

1. Calories: 570 calories
2. Carbohydrate: 38 grams
3. Cholesterol: 95 milligrams
4. Fat: 28 grams
5. Fiber: 5 grams
6. Protein: 44 grams
7. SaturatedFat: 11 grams
8. Sodium: 660 milligrams
9. Sugar: 4 grams

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