

# Santa Barbara Style Grilled Turkey Burger

Yield: 4 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/turkey-burger-recipe-italian-dressing>

## Ingredients:

- 4 turkey burgers frozen Jennie-O Seasoned
- 4 Swiss cheese slices
- 1 cup guacamole Chunky
- romaine lettuce
- tomatoes Vine Ripe
- 4 hamburger buns Sourdough
- 2 tablespoons butter melted

## Nutrition:

1. Calories: 300 calories
2. Carbohydrate: 28 grams
3. Cholesterol: 40 milligrams
4. Fat: 15 grams
5. Fiber: 3 grams
6. Protein: 14 grams
7. SaturatedFat: 9 grams
8. Sodium: 690 milligrams
9. Sugar: 6 grams

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