

Perfect Tuna Salad

Yield: 2 min
Total Time: 5 min

Recipe from: <https://www.recipeschoose.com/recipes/tuna-salad-recipe-with-greek-yogurt>

Ingredients:

- 10 ounces tuna drained well
- 3 tablespoons mayonnaise
- 2 teaspoons spicy brown mustard
- 1/3 cup diced celery small
- 1/4 cup dill pickles diced
- 2 tablespoons chopped almonds or cashews
- 2 tablespoons chives chopped
- 1/2 lemon
- salt
- pepper

Nutrition:

1. Calories: 490 calories
2. Carbohydrate: 20 grams
3. Cholesterol: 80 milligrams
4. Fat: 25 grams
5. Fiber: 6 grams
6. Protein: 48 grams
7. SaturatedFat: 4 grams
8. Sodium: 1050 milligrams
9. Sugar: 3 grams

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