

Anne Byrn's True Southern Cornbread

Yield: 9 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/true-southern-cornbread-recipe>

Ingredients:

- 2 tablespoons bacon grease
- 1 3/4 cups white cornmeal self-rising
- 1 1/2 cups buttermilk full-fat
- 1/4 cup all purpose flour if desired, optional
- 1/4 cup vegetable oil

Nutrition:

1. Calories: 230 calories
2. Carbohydrate: 29 grams
3. Cholesterol: 5 milligrams
4. Fat: 10 grams
5. Fiber: 1 grams
6. Protein: 4 grams
7. SaturatedFat: 2 grams
8. Sodium: 40 milligrams
9. Sugar: 3 grams

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