

Trisha Yearwood's banana bread

Yield: 4 min
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/trisha-yearwood-recipe-for-mexican-lasagna>

Ingredients:

- 3/4 cup unsalted butter
- 1 1/2 cups sugar
- 2 large eggs
- 4 ripe bananas mashed
- 1 teaspoon vanilla
- 2 cups all purpose flour
- 1 teaspoon baking soda
- 1 teaspoon salt
- 1/2 cup buttermilk
- 1 cup chopped pecans optional

Nutrition:

1. Calories: 1170 calories
2. Carbohydrate: 155 grams
3. Cholesterol: 200 milligrams
4. Fat: 58 grams
5. Fiber: 8 grams
6. Protein: 15 grams
7. SaturatedFat: 24 grams
8. Sodium: 970 milligrams
9. Sugar: 92 grams

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