

# Trisha Yearwood Mac and Cheese

Yield: 12 min  
Total Time: 190 min

Recipe from: <https://www.recipeschoose.com/recipes/trisha-yearwood-christmas-deviled-egg-recipe>

## Ingredients:

- 12 ounces elbow macaroni about 3 cups uncooked, see note
- 12 ounces evaporated milk see note
- 2 1/2 cups milk whole milk recommended
- 1/4 cup butter melted
- 1/2 teaspoon salt or to taste
- 1/2 teaspoon black pepper
- 3 egg yolks optional, see note
- 18 ounces sharp cheddar cheese grated, about 6 cups
- 1/2 teaspoon paprika or smoked paprika, optional

## Nutrition:

1. Calories: 400 calories
2. Carbohydrate: 28 grams
3. Cholesterol: 120 milligrams
4. Fat: 23 grams
5. Fiber: 1 grams
6. Protein: 20 grams
7. SaturatedFat: 14 grams
8. Sodium: 460 milligrams
9. Sugar: 4 grams

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