

Trim Healthy Mama No Bake Vanilla Cream Pie

Yield: 8 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/trim-healthy-mama-russian-tea-cake-recipe>

Ingredients:

- 2/3 cup xylitol
- 1/4 teaspoon salt
- 2 1/2 cups almond milk or half of each almond milk and heavy cream
- 5 large egg yolks
- 1 tablespoon gelatin
- 1/4 cup hot water
- 2 tablespoons butter cut into small pieces
- 1 tablespoon vanilla extract
- 1 pie crust no bake, <http://thesunnypatch.ca/trim-healthy-mama-no-bake-pie-crust/>
- whipped cream for serving

Nutrition:

1. Calories: 250 calories
2. Carbohydrate: 17 grams
3. Cholesterol: 140 milligrams
4. Fat: 16 grams
5. Fiber: 1 grams
6. Protein: 7 grams
7. SaturatedFat: 5 grams
8. Sodium: 280 milligrams
9. Sugar: 4 grams

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