

Stuffed Vine Leaves – Authentic Turkish Sarma

Yield: 6 min
Total Time: 130 min

Recipe from: <https://www.recipeschoose.com/recipes/best-turkish-sarma-recipe>

Ingredients:

- 40 vine leaves fresh
- 2 tablespoons olive oil
- 2 tablespoons lemon juice
- 2 tablespoons olive oil
- 4 onions
- 2/3 cup rice
- 1/2 bunch parsley
- 1/2 bunch dill
- 1 teaspoon dried mint
- 1 teaspoon sugar
- 1/4 teaspoon black pepper

Nutrition:

1. Calories: 140 calories
2. Carbohydrate: 14 grams
3. Fat: 9 grams
4. Fiber: 2 grams
5. Protein: 1 grams
6. SaturatedFat: 1.5 grams
7. Sodium: 5 milligrams
8. Sugar: 4 grams

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