

Russian Napoleon

Yield: 10 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/traditional-russian-napoleon-recipe>

Ingredients:

- 1/2 cup unsalted butter melted
- 1/2 cup Sour Cream
- 1 large egg
- 1/4 teaspoon fine sea salt
- 1 tablespoon granulated sugar
- 2 1/2 cups all purpose flour
- 3/4 cup granulated sugar
- 1/2 cup cornstarch
- 1/4 teaspoon fine sea salt
- 2 teaspoons vanilla extract or 1 1/2 teaspoons vanilla bean paste plus 1/2 teaspoon vanilla extract
- 1 tablespoon dark rum or cognac, optional
- 3 large eggs
- 4 cups whole milk
- 6 tablespoons unsalted butter diced
- 1 tablespoon powdered sugar plus more for dusting

Nutrition:

1. Calories: 460 calories
2. Carbohydrate: 52 grams
3. Cholesterol: 145 milligrams
4. Fat: 24 grams
5. Fiber: 1 grams
6. Protein: 9 grams
7. SaturatedFat: 14 grams
8. Sodium: 200 milligrams
9. Sugar: 23 grams

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