

Mushroom Swiss Burger

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/youtube-rachel-ray-mushroom-swiss-burger-recipe>

Ingredients:

- 2 pounds ground sirloin divided into 4 patties
- 4 tablespoons bbq rub Perfect, or your favorite seasoning
- 4 tablespoons Worcestershire sauce
- 4 hamburger buns
- 4 tablespoons unsalted butter
- 8 slices Swiss cheese
- 2 tablespoons olive oil
- 2 tablespoons unsalted butter
- 1/4 cup onion chopped
- 1 tablespoon thyme fresh, chopped
- 1/2 teaspoon kosher salt
- 1/4 teaspoon black pepper freshly ground
- 1 pound mushrooms sliced
- 1 tablespoon Worcestershire sauce
- 1/4 cup red wine
- 2 tablespoons all purpose flour
- 1 cup beef stock or broth
- 2 tablespoons heavy cream

Nutrition:

1. Calories: 1070 calories
2. Carbohydrate: 40 grams
3. Cholesterol: 255 milligrams
4. Fat: 68 grams
5. Fiber: 3 grams
6. Protein: 71 grams
7. SaturatedFat: 34 grams
8. Sodium: 1100 milligrams

9. Sugar: 9 grams
 10. TransFat: 2.5 grams
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