

Roasted Poblano Chicken Quesadillas

Yield: 6 min
Total Time: 43 min

Recipe from: <https://www.recipeschoose.com/recipes/traditional-mexican-roasted-chicken-recipe>

Ingredients:

- 2 poblano peppers medium
- 2 cups shredded mexican cheese blend
- 1 cup chicken cooked, shredded
- 1/4 cup chopped fresh cilantro
- 1 teaspoon Spice Islands Onion Salt
- 6 flour tortillas 8 to 10-inch
- 2 tablespoons Mazola Corn Oil

Nutrition:

1. Calories: 390 calories
2. Carbohydrate: 26 grams
3. Cholesterol: 70 milligrams
4. Fat: 23 grams
5. Fiber: 1 grams
6. Protein: 20 grams
7. SaturatedFat: 10 grams
8. Sodium: 820 milligrams
9. Sugar: 3 grams

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