

Fresh Salsa

Yield: 9 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/jicama-indian-recipe>

Ingredients:

- 6 Roma tomatoes diced
- 3 jalapeno peppers fresh, seeded and chopped
- 1/4 red onion chopped
- 3 green onions chopped
- 2 cloves cloves garlic crushed
- 2 tablespoons chopped fresh cilantro
- 2 tablespoons fresh lime juice
- 2 tablespoons fresh lemon juice
- 1 1/2 teaspoons ground cumin
- 1 jicama small, peeled and chopped
- 10 ounces diced tomatoes with green chilies, drained
- salt and ground black pepper to taste

Nutrition:

1. Calories: 50 calories
2. Carbohydrate: 11 grams
3. Fiber: 5 grams
4. Protein: 2 grams
5. Sodium: 10 milligrams
6. Sugar: 4 grams

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