

Pollo Verde Tamales

Yield: 25 min
Total Time: 140 min

Recipe from: <https://www.recipeschoose.com/recipes/traditional-mexican-christmas-tamales-recipe>

Ingredients:

- 30 corn husks
- 2 pounds chicken parts
- 10 tomatillos
- 1 white onion
- 1 serrano chili
- 1 tablespoon vegetable oil
- 3 cloves garlic
- 2 tablespoons Knorr Chicken Flavor Bouillon , divided
- 1 3/4 cups water
- 3 cups masa
- 1 cup lard
- 1 1/2 teaspoons baking powder

Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 12 grams
3. Cholesterol: 35 milligrams
4. Fat: 15 grams
5. Fiber: 2 grams
6. Protein: 8 grams
7. SaturatedFat: 5 grams
8. Sodium: 60 milligrams
9. Sugar: 1 grams

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