

Slow Cooker Mexican Birria

Yield: 4 min
Total Time: 310 min

Recipe from: <https://www.recipeschoose.com/recipes/traditional-mexican-birria-recipe>

Ingredients:

- 3 pounds roast
- 1/4 beef broth or water
- 1 1/2 cups finely chopped onions
- salt
- pepper
- garlic powder
- 1 jar salsa favorite

Nutrition:

1. Calories: 490 calories
2. Carbohydrate: 15 grams
3. Cholesterol: 180 milligrams
4. Fat: 10 grams
5. Fiber: 3 grams
6. Protein: 79 grams
7. SaturatedFat: 4 grams
8. Sodium: 3880 milligrams
9. Sugar: 4 grams

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