

Italian Zabaglione

Yield: 5 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/zabaione-recipe-italian>

Ingredients:

- 6 egg yolks medium, or 5 large egg yolks
- 6 tablespoons caster sugar 90g can also use granulated sugar
- 6 tablespoons marsala 90ml

Nutrition:

1. Calories: 120 calories
2. Carbohydrate: 10 grams
3. Cholesterol: 250 milligrams
4. Fat: 6 grams
5. Protein: 3 grams
6. SaturatedFat: 2 grams
7. Sodium: 10 milligrams
8. Sugar: 9 grams

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