

Original Italian tiramisu

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/simple-italian-tiramisu-recipe>

Ingredients:

- 8 shots espresso coffee coffee, shots
- 5 eggs
- 5 yolks
- 3 1/16 cups mascarpone cheese
- 3/4 cup sugar powdered, icing
- 1 1/2 cookies packs Pavesini
- 2 teaspoons cognac
- 1 teaspoon cocoa powder bitter, as required to cover the dessert

Nutrition:

1. Calories: 590 calories
2. Carbohydrate: 48 grams
3. Cholesterol: 600 milligrams
4. Fat: 36 grams
5. Protein: 21 grams
6. SaturatedFat: 17 grams
7. Sodium: 450 milligrams
8. Sugar: 45 grams

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