

Canestrelli, Italian Shortbread Cookies

Yield: 14 min
Total Time: 228 min

Recipe from: <https://www.recipeschoose.com/recipes/traditional-italian-shortbread-cookies-recipe>

Ingredients:

- 1 cup flour 00, or all-purpose
- 7 tablespoons potato starch or potato flour
- 2 1/2 ounces icing powdered sugar, plus extra for dusting
- 1 pinch salt
- 1/2 teaspoon vanilla powder bourbon, or the seeds of 1 vanilla bean
- 1 lemon organic, the zest
- 7 tablespoons unsalted butter cold
- 3 yolks from hardboiled eggs

Nutrition:

1. Calories: 130 calories
2. Carbohydrate: 16 grams
3. Cholesterol: 60 milligrams
4. Fat: 7 grams
5. Fiber: 1 grams
6. Protein: 2 grams
7. SaturatedFat: 4 grams
8. Sodium: 25 milligrams
9. Sugar: 4 grams

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