

Instant Pot Creamy Italian Mac & Cheese

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/traditional-italian-macaroni-cheese-recipe>

Ingredients:

- 2 teaspoons olive oil
- 1 pound Italian sausage
- 1 small yellow onion Diced
- 3 cloves garlic Minced
- 1 teaspoon dried oregano
- 1 teaspoon dried basil
- 1/4 teaspoon red pepper flakes
- salt
- pepper
- 8 ounces sun dried tomatoes Chopped
- 2 cups chicken broth
- 2 cups water
- 1 pound shell pasta Medium
- 1/4 cup heavy cream
- 2 cups fresh spinach
- 2 cups provolone Shredded
- 1 cup shredded Parmesan

Nutrition:

1. Calories: 1400 calories
2. Carbohydrate: 126 grams
3. Cholesterol: 170 milligrams
4. Fat: 73 grams
5. Fiber: 12 grams
6. Protein: 67 grams
7. SaturatedFat: 32 grams
8. Sodium: 3200 milligrams

9. Sugar: 27 grams

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