

Chinese Egg Cake

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/traditional-chinese-egg-cake-recipe>

Ingredients:

- 2 eggs middle size, room temperature eggs
- 7 tablespoons cake flour 1/2 US cup
- 3 1/4 tablespoons sugar castor, around 3 tablespoons+1 teaspoon
- 1 1/16 teaspoons oil olive oil or other vegetable oil around 3/4 teaspoon
- warm water for speeding up the whipping process, not required in summer days.

Nutrition:

1. Calories: 140 calories
2. Carbohydrate: 22 grams
3. Cholesterol: 105 milligrams
4. Fat: 4 grams
5. Protein: 4 grams
6. SaturatedFat: 1 grams
7. Sodium: 40 milligrams
8. Sugar: 10 grams

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