

Trader Joe's Sweet Potato Lasagna

Yield: 10 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/trader-joe-s-italian-style-turkey-meatloaf-recipe>

Ingredients:

- 2 tablespoons olive oil
- 1 1/2 pounds ground turkey
- 3 cloves garlic minced
- 1 teaspoon dried oregano
- 1/4 teaspoon red pepper flakes
- 1 teaspoon fine sea salt
- 50 ounces marinara sauce Trader Joe's organic
- 16 ounces no boil lasagna noodles Trader Joe's, use half of the box
- 1 bag spinach 12 ounce baby
- 3 cups sweet potato mashed cooked
- 1 container ricotta 16 ounce whole milk
- 2 eggs beaten
- 1/4 teaspoon freshly ground black pepper
- 1 pound mozzarella cheese grated
- 1 cup grated Parmesan cheese

Nutrition:

1. Calories: 490 calories
2. Carbohydrate: 31 grams
3. Cholesterol: 145 milligrams
4. Fat: 26 grams
5. Fiber: 6 grams
6. Protein: 31 grams
7. Saturated Fat: 11 grams
8. Sodium: 1380 milligrams
9. Sugar: 15 grams

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