

7 Layer Mexican Style Hummus Dip

Yield: 14 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/tostito-mexican-snack-recipe>

Ingredients:

- 34 ounces Sabra Hummus
- 15 1/2 ounces tostitos Medium Chunky Salsa
- 16 ounces guacamole Sabra Classic
- 1 1/2 cups sour cream
- 1 cup shredded cheddar cheese
- 1 cup sliced black olives
- 1/2 cup cilantro leaves finely chopped fresh

Nutrition:

1. Calories: 100 calories
2. Carbohydrate: 3 grams
3. Cholesterol: 20 milligrams
4. Fat: 9 grams
5. Fiber: 1 grams
6. Protein: 3 grams
7. SaturatedFat: 5 grams
8. Sodium: 410 milligrams
9. Sugar: 2 grams

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