

Best Tomato Soup

Yield: 6 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/meals-with-ground-beef-recipes>

Ingredients:

- 1 inch juice
- 56 ounces tomatoes
- 1 1/2 tablespoons dark brown sugar
- 3 tablespoons unsalted butter
- 4 shallots large, minced, about 1/2 cup
- 1 tablespoon tomato paste
- 1 pinch ground allspice
- 2 tablespoons all-purpose flour
- 1 3/4 cups chicken stock homemade or canned low-sodium
- 1/4 cup heavy cream
- cayenne pepper
- salt

Nutrition:

1. Calories: 250 calories
2. Carbohydrate: 33 grams
3. Cholesterol: 35 milligrams
4. Fat: 11 grams
5. Fiber: 3 grams
6. Protein: 8 grams
7. SaturatedFat: 6 grams
8. Sodium: 280 milligrams
9. Sugar: 13 grams

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