

Roasted Tomato Sauce

Yield: 4 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/tomato-sauce-recipe-with-italian-seasoning>

Ingredients:

- 4 tomatoes washed and quartered
- 3 cloves garlic whole
- 3 tablespoons olive oil
- 1 teaspoon Italian seasoning
- salt
- pepper

Nutrition:

1. Calories: 120 calories
2. Carbohydrate: 8 grams
3. Fat: 10 grams
4. Fiber: 2 grams
5. Protein: 2 grams
6. SaturatedFat: 1.5 grams
7. Sodium: 200 milligrams
8. Sugar: 4 grams

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