

Turkey Pesto Meatballs with Tomato Sauce

Yield: 4 min
Total Time: 105 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-italian-shrimp-pesto-tomato>

Ingredients:

- 56 ounces tomatoes whole, in juice
- 1 onion small, chopped
- 2 tablespoons olive oil
- 2 garlic cloves chopped
- salt
- pepper
- 1 pound ground turkey
- 1 cup panko breadcrumbs
- 1/3 cup pesto
- 1/3 cup grated Parmesan
- 2 eggs
- salt
- pepper

Nutrition:

1. Calories: 430 calories
2. Carbohydrate: 29 grams
3. Cholesterol: 205 milligrams
4. Fat: 21 grams
5. Fiber: 6 grams
6. Protein: 31 grams
7. SaturatedFat: 5 grams
8. Sodium: 690 milligrams
9. Sugar: 14 grams

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