

# Tiramisu or Tiramisu Cake

Yield: 8 min  
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-chocolate-and-nut-cake-recipe>

## Ingredients:

- 1 large egg
- 1 large egg yolk
- 6 tablespoons granulated white sugar
- 250 grams mascarpone cheese 1/2 of a tub good quality
- 1/2 cup heavy whipping cream
- 1 pinch salt
- 2 tablespoons Kahlua coffee liqueur
- 1 cup espresso or strong coffee made with 3 tbsp instant coffee
- 33 lady fingers Savoiardi, Italian cookies
- 1 bar chocolate I used 80% cocoa

## Nutrition:

1. Calories: 390 calories
2. Carbohydrate: 45 grams
3. Cholesterol: 215 milligrams
4. Fat: 19 grams
5. Fiber: 1 grams
6. Protein: 10 grams
7. SaturatedFat: 9 grams
8. Sodium: 240 milligrams
9. Sugar: 12 grams

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