

The Easiest Cottage Cheese Lasagna

Yield: 12 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/the-venice-fort-wayne-italian-cottage-cheese-recipe>

Ingredients:

- 12 lasagna noodles
- 1 pound ground beef
- 6 cloves garlic minced
- 2 teaspoons dried oregano
- 32 ounces spaghetti sauce
- 5 ounces fresh baby spinach chopped
- 5 ounces grated Parmesan divided
- 8 ounces mozzarella shredded whole milk, divided
- 24 ounces cottage cheese 4% milkfat
- 2 large eggs
- kosher salt
- fresh cracked pepper
- fresh chopped parsley
- grated Parmesan

Nutrition:

1. Calories: 330 calories
2. Carbohydrate: 14 grams
3. Cholesterol: 100 milligrams
4. Fat: 19 grams
5. Fiber: 3 grams
6. Protein: 26 grams
7. SaturatedFat: 9 grams
8. Sodium: 950 milligrams
9. Sugar: 9 grams

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