

Paleo Thanksgiving Sweet Potato Gratin

Yield: 4 min
Total Time: 105 min

Recipe from: <https://www.recipeschoose.com/recipes/sweet-yam-thanksgiving-recipe>

Ingredients:

- 2 sweet potatoes sliced thin
- 1 yellow onion sliced thin
- 1/4 cup almond meal
- 1 can coconut milk
- 4 tablespoons coconut butter
- 4 tablespoons almond butter
- 2 tablespoons raw honey
- 1 teaspoon garlic powder
- 1/4 teaspoon cayenne pepper
- salt
- pepper
- bacon enough, to cover the top OR cook and put inside

Nutrition:

1. Calories: 520 calories
2. Carbohydrate: 38 grams
3. Cholesterol: 5 milligrams
4. Fat: 41 grams
5. Fiber: 7 grams
6. Protein: 8 grams
7. SaturatedFat: 26 grams
8. Sodium: 280 milligrams
9. Sugar: 16 grams

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